

Building Blocks

Essential Bariatric Supplement

	Chocolate Peanut Crunch	Double Chocolate Crunch
Serving Size	1 bar, 41g	1 bar, 41g
Amount per serving		
Calories	160	150
Fat Calories	50	60
	%DV	%DV
Total Fat	6g 9%	6g 9%
Sat. Fat	3g 18%	3.5g 18%
Trans Fat	0g	0g
Cholesterol	0mg 0%	0mg 0%
Sodium	220mg 9%	210mg 9%
Potassium	80mg 2%	120mg 3%
Total Carbohydrate	15g 5%	15g 5%
Dietary Fiber	6g 24%	5g 20%
Sugars	5g	6g
Protein	15g 30%	15g 30%
	Calcium 6% • Iron 8% Not a significant source of vitamins A and C	Calcium 10% • Iron 15% Not a significant source of vitamins A and C

CHOCOLATE PEANUT CRUNCH INGREDIENTS

Protein blend (whey protein isolate, soy protein isolate, casein, hydrolyzed whey protein isolate), fructooligosaccharides, sugar, fractionated palm kernel oil, high fructose corn syrup, glycerine, water, tapioca starch, peanut oil, cocoa (processed with alkali) natural flavor, inulin, soy lecithin, salt, calcium carbonate, soybean and/or flavor, sucralose (non-nutritive sweetener). **Allergy Information:** May contain traces of eggs, sesame, tree nuts and wheat.

DOUBLE CHOCOLATE CRUNCH INGREDIENTS

Protein blend (soy protein isolate, whey protein isolate, casein, hydrolyzed whey protein), fructooligosaccharides, sugar, fractionated palm kernel oil, mil protein concentrate, glycerine, high fructose corn syrup, cocoa (processed with alkali). Canola oil, water, tapioca starch, cocoa, cocoa butter, ground almonds, natural and artificial flavor, inulin, fructose, soy lecithin, salt, mono- and diglycerides, calcium carbonate, tocopherols added to protect flavor, sucralose (non-nutritive sweetener). **Allergy Information:** Contains milk, soybean and almond ingredients. Produced on equipment that also process egg, peanut, sesame, tree nuts and wheat.